

# CLEAR Institute Newsletter

January 2006

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## *CLEAR Solutions for Scoliosis Treatment, & More!*

*“Life is like a kaleidoscope –  
one small change, and all patterns alter.”*  
-Sharon Salzberg

*“Be life long or short,  
its completeness depends upon what it was lived for.”*  
-David Starr Jordan

**Happy New Year!** CLEAR Institute’s new website is up and running, thanks to the amazing talents of Quentin Kregel & his associates at KregelTech. If you have not done so already, please check it out online at [www.clear-institute.com](http://www.clear-institute.com). Some of the new features include:

- Nationwide List of CLEAR-Endorsed Practitioners for Scoliosis Treatment
- Online Scoliosis Support Forum for both Doctors & Patients
- List of Upcoming Scoliosis Correction Seminars in 2006
- New Scoliosis Articles & Downloads – all free!
- Scoliosis Treatment Protocols (streaming video coming soon!)

**2004 Seminars on DVD & VHS:** Interested in finding out more about the CLEAR Solutions Scoliosis Treatment protocols, but **TOO BUSY** to attend the seminar? Check it out on your own time! This four-part program was recorded at one of the first scoliosis seminars held in St. Cloud by CLEAR Institute, and includes over eleven hours of lecture followed by almost seven hours of hands-on treatment. The price has been reduced from \$325 down to only **\$175** + S/H (VHS or DVD). Limited time offer – while supplies last! Please call (320) 202-5954 to place your order today.

## **Scoliosis Success Stories!**

*“I finally found a treatment and I am scoliosis free! This is my Story... I was diagnosed with it, when I was 15. I have done everything for it from a brace to physical therapy to chiropractic to the copes brace... The only thing I did avoid was surgery as after extensive research, I found it to have a low success rate, and it does not fix the problem...”*

This is an excerpt from an online scoliosis support forum, written by one of our patients who participated in the original case study ([www.biomedcentral.com/1471-2474/5/32](http://www.biomedcentral.com/1471-2474/5/32)). To view the rest, check it out on our website by clicking on the “Scoliosis Forum” link found on the home page. If you have a story to share, please feel free to post it here as well!

June 19, 2002

Leah & Dr. Woggon

December 9, 2004



## New Research Articles Worth Looking Into:

### **Corrosion of Spinal Implants Retrieved from Patients with Scoliosis Journal of Orthopedic Sciences. 2005; 10(2):200-5**

In this study, over 66% of patients had corrosion (rust) on the rods in their spines after five years. The authors recommended *removing the rods* after five years of implantation... CLEAR Institute recommends simply avoiding surgery altogether!

### **Comparison of Mechanical Force of Manually Assisted Chiropractic Adjusting Instruments. Journal of Manipulative and Physiological Therapeutics. July 2005, Vol. 28, Iss. 6, p. 414-422.**

Sorry doc – not all hand-held adjusters are created equal! Summing up this study, spring-loaded adjusting instruments (you know who you are...) proved less effective than their electro-mechanical counterparts. This illustrates the importance of research in evaluating the clinical applications of available technologies.

Questions or comments about the newsletter? Dr. Woggon's e-mail is [drwoggon@aol.com](mailto:drwoggon@aol.com).

Or, contact CLEAR Institute directly at (320) 202-5954. Thank you for your support!

**Have a Happy, Healthy New Year!**